

20th Punjab Youth Athletics Championship 2025

Guru Nanak Stadium Ludhiana

26-02-2025

2/25/25 - 2/26/25

25th to 26th February 2025

Event # 1 BOYS 100m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI Qualify 11.50

RESULTS OF FINALS

1	JAGJIT SINGH	202	04/26/09	LUDHIANA	11.57
2	JASKARAN SINGH	173	12/08/08	RUPNAGAR	11.58
3	JASHANDEEP SINGH	129	11/12/08	JALANDHAR	11.61
4	ROHIT SORAYA	115	02/06/08	GURDASPUR	11.79
5	HARSHDEEP SINGG	163	31/08/08	PATIALA	12.05
6	BIKRAM CHAUDHARY	170	28/11/10	RUPNAGAR	12.52
	JASHANPREET SINGH	168	31/01/09	RUPNAGAR	DNS
	NAVJOTSINGH NAVJO	147	22/05/08	MANSA	DNS

Event # 2 BOYS 200m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 23.60

RESULTS OF FINALS

1	JASHANPREET SINGH	185	10/01/08	TARNTARAN	22.75 @
2	JAGJIT SINGH	202	04/26/09	LUDHIANA	22.91 @
3	PRABHDEEP SINGH	150	29/10/08	MANSA	24.16
4	SAKSHAM SINGH	145	03/01/08	LUDHIANA	24.45
	HARSHDEEP SINGG	163	31/08/08	PATIALA	DNS
	NAVJOTSINGH NAVJO	147	22/05/08	MANSA	DNS
	SUKHDEEP SINGH	205	01/02/10	LUDHIANA	DNS
	HARINANDAN HARIN	130	25/01/08	JALANDHAR	DNF

Event # 3 BOYS 400m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 52.00

RESULTS OF FINALS

1	JASHANPREET SINGH	185	10/01/08	TARNTARAN	50.88 @
2	HARINANDAN HARIN	130	25/01/08	JALANDHAR	51.33 @
3	PRABHDEEP SINGH	150	29/10/08	MANSA	53.10
4	GURNAJ SINGH	103	01/08/08	AMRITSAR	53.34
5	SAKSHAM SINGH	145	03/01/08	LUDHIANA	54.74
6	IKBAL SINGH	186	31/01/09	TARNTARAN	54.94
7	PRITHVI MEHRA	155	22/08/08	PATHANKOT	1:03.74
8	NAVEEN SOLANKI	194	01/03/08	LUDHIANA	1:17.38
	LABHVEER SINGH	195	12/02/08	BARNALA	DNS
	ATISHYA JAIN	140	18/05/08	LUDHIANA	DNS
	KARANDEEP SIDHU	142	15/01/08	LUDHIANA	DNS
	JUJHAR SINGH	122	05/08/09	HOSHIARPUR	DNS

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Event # 4 BOYS 100m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 2:50.00

RESULTS OF FINALS

1	DILPREET SINGH	182	28/11/08	SAS NAGAR	2:42.62 @
2	KARANDEEP SIDHU	142	15/01/08	LUDHIANA	2:49.44 @
3	NAVDEEP SINGH	187	02/01/08	TARNTARAN	2:49.46 @
4	JASKARAN SINGH	176	15/03/09	SANGRUR	2:49.53 @
5	DAIVY SHARMA	149	23/07/09	MANSA	2:49.96 @
6	GURVEER SINGH	203	09/05/08	PATIALA	2:55.40
7	SPARSH SPARSH	156	12/02/09	PATHANKOT	2:58.80
8	BOBBY KUMAR	144	18/01/08	LUDHIANA	2:58.88
9	LAKHWINDER SINGH	151	17/01/08	MANSA	3:15.13
	PIYUSH MISHRA	112	11/02/09	FATEHGARH SAHIB	DNS
	IKBAL SINGH	186	31/01/09	TARNTARAN	DNS

Event # 5 BOYS 110m Hurdles YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 15.40

RESULTS OF FINALS

1	MANJOT SINGH	109	26/03/10	BARNALA	15.81
2	JASHANPREET SINGH	168	31/01/09	RUPNAGAR	17.30
3	JODHIQBAL SINGH VI	208	05/07/08	LUDHIANA	18.43
4	JUJHAR SINGH	122	05/08/09	HOSHIARPUR	19.80
	ATISHYA JAIN	140	18/05/08	LUDHIANA	DQ
	RAJKARAN SINGH	104	24/03/08	AMRITSAR	DQ

Event # 6 BOYS High Jump YOUTH

FINALS

HEIGHTS: 1.78, 1.81

@ AFI STANDRED FOR QFY:AFI 1.80

RESULTS OF FINALS

1	WARIS SHARIF	106	08/01/08	AMRITSAR	1.81m @
	O XO				
2	HARMAN SINGH	148	12/08/08	MANSA	1.81m @
	XO XXO				
3	GURSHAAN SINGH	197	12/30/09	TARNTARAN	1.78m
	XO XXX				
4	GURPREET SINGH	116	25/01/08	GURDASPUR	1.78m
	XXO XXX				

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Event # 7 BOYS Long Jump YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 6.30

RESULTS OF FINALS

1	AMRITPAL SINGH	152	14/11/08	MOGA	6.88m @
2	HARMANPREET SINGH	117	12/11/09	GURDASPUR	6.11m
3	GURSHAAN SINGH	197	12/30/09	TARNTARAN	6.07m
4	AVIJOT SINGH	178	04/08/09	SANGRUR	5.68m
5	JASHANPREET SINGH	143	11/01/10	LUDHIANA	5.67m
6	SAJAN .	206	05/27/10	MUKTSAR	5.00m
	NAVEEN SOLANKI	194	01/03/08	LUDHIANA	DNS

Event # 8 BOYS Shot Put YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 14.00

RESULTS OF FINALS

1	BALKARAN SINGH	169	09/12/08	RUPNAGAR	18.22m @
2	HARPARTAP SINGH	105	16/01/08	AMRITSAR	17.90m @
3	JASJEEV SAHOTA	124	29/01/08	HOSHIARPUR	15.53m @
4	MANPREET SINGH	171	31/08/08	RUPNAGAR	15.18m @
5	ARMANJIT SINGH	128	30/08/08	JALANDHAR	13.32m
	GURJAAP GILL	146	03/06/09	MALERKOTLA	DNS

Event # 9 BOYS Discus Throw YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 44.00

RESULTS OF FINALS

1	GURKIRAT SINGH	179	02/04/08	SANGRUR	44.63m @
2	GURVINDER SINGH	154	10/12/08	PATHANKOT	39.97m
3	KAMALDEEP SINGH	177	25/01/08	SANGRUR	39.35m
4	EKNOOR SINGH	153	19/09/08	MUKTSAR	37.40m
5	SAHILPREET SINGH	207	08/26/08	LUDHIANA	36.49m
6	JASJEEV SAHOTA	124	29/01/08	HOSHIARPUR	33.94m
	MANPREET SINGH	171	31/08/08	RUPNAGAR	DNS

Event # 10 BOYS Javelin Throw YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 55.00

RESULTS OF FINALS

1	RYAN HASTIR	204	03/15/09	JALANDHAR	62.79m @
2	GURBAJ SINGH	141	25/11/08	LUDHIANA	47.01m
3	GURSEWAK SINGH	196	06/21/09	RUPNAGAR	44.30m

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Event # 11 BOYS 5kmm Race Walk YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 28:00.00

RESULTS OF FINALS

1	PRABHJOT SINGH	162	09/12/09	PATIALA	23:50.92 @
2	EKAMJOT SINGH	161	19/03/08	PATIALA	26:03.28 @
3	ARYAN ARYAN	172	10/09/09	RUPNAGAR	27:19.61 @
	BOBBY KUMAR	144	18/01/08	LUDHIANA	DNS
	PIYUSH MISHRA	112	11/02/09	FATEHGARH SAHIB	DNF

Event # 12 GIRLS 100m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 13.00

RESULTS OF FINALS

1	KASHISH KASHISH	175	28/01/10	SANGRUR	13.44
2	JAPNEET KAUR	174	01/24/12	SANGRUR	14.09
3	SUNENA SUNENA	138	12/12/08	LUDHIANA	16.66

Event # 13 GIRLS 200m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 27.00

RESULTS OF FINALS

1	SONY KAUR	119	02/03/08	HOSHIARPUR	26.39 @
2	JASSICA JASSICA	121	12/12/09	HOSHIARPUR	27.77
3	AKALROOP KAUR	133	13/05/09	LUDHIANA	28.40
4	NEETU SAHARAN	113	11/10/08	FAZILKA	28.77
5	SAZIA KAMBOJ	114	11/10/09	FAZILKA	29.15
6	PRABHSIMRAN KAUR	184	06/10/08	SBS NAGAR	34.07
	ANSHU CHAUHAN	139	06/06/08	LUDHIANA	DNS

Event # 14 GIRLS 400m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 1:04.00

RESULTS OF FINALS

1	SONY KAUR	119	02/03/08	HOSHIARPUR	1:01.44 @
2	JASSICA JASSICA	121	12/12/09	HOSHIARPUR	1:03.42 @
3	SAZIA KAMBOJ	114	11/10/09	FAZILKA	1:05.24
4	RAMANJEET KAUR	201	11/27/08	SANGRUR	1:05.46
	ANSHU CHAUHAN	139	06/06/08	LUDHIANA	DNS
	MANINDER KAUR	136	20/07/09	LUDHIANA	DNS
	AKALROOP KAUR	133	13/05/09	LUDHIANA	DNS

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Event # 15 GIRLS 1000m Run YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 3:10.00

RESULTS OF FINALS

1	DIYA RANA	165	27/06/08	RUPNAGAR	3:02.36 @
2	JIYA JIYA	120	26/02/09	HOSHIARPUR	3:09.73 @
3	RAJBINDER KAUR	200	12/28/08	TARNTARAN	3:10.66
4	RAMANJEET KAUR	201	11/27/08	SANGRUR	3:13.56
5	KAMNI KAMNI	180	17/11/08	SAS NAGAR	3:42.57
6	NITIKA SHARMA	110	02/17/09	FATEHGARH SAHIB	4:44.26

Event # 16 GIRLS 100m Hurdles YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 16.20

RESULTS OF FINALS

1	TASNEEM DHILLON	107	07/10/09	BARNALA	15.94 @
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Event # 17 GIRLS High Jump YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 1.45

RESULTS OF FINALS

1	JAPJOT KAUR	183	30/06/10	SBS NAGAR	1.35m
2	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	1.30m

Event # 18 GIRLS Long Jump YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 5.00

RESULTS OF FINALS

1	NITIKA SHARMA	110	02/17/09	FATEHGARH SAHIB	4.25m
2	PRABHSIMRAN KAUR	184	06/10/08	SBS NAGAR	3.97m
3	LAKSHPREET KAUR	137	08/30/10	LUDHIANA	2.43m
	JAPJOT KAUR	183	30/06/10	SBS NAGAR	DNS

Event # 19 GIRLS Shot Put YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 11.50

RESULTS OF FINALS

1	JASMINE KAUR	166	19/05/09	RUPNAGAR	14.32m @
2	JOY BAIDWAN	181	11/12/09	SAS NAGAR	13.40m @
3	NAVNEET KAUR	158	29/02/08	PATIALA	10.32m
4	NOOR NOOR	111	20/12/10	FATEHGARH SAHIB	9.94m
5	HARJAS KAUR	134	16/12/08	LUDHIANA	7.05m
6	TANIKSHA TANIKSHA	135	17/01/08	LUDHIANA	6.05m
	HUSHAINDEEP KAUR	159	19/08/09	PATIALA	DNS
	DIVJOT KAUR	157	14/08/09	PATIALA	DNS
	GURLEEN KAUR	101	17/09/09	AMRITSAR	DNS

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Event # 20 GIRLS Discus Throw YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 33.00

RESULTS OF FINALS

1	JASMINE KAUR	166	19/05/09	RUPNAGAR	35.61m @
2	DIVJOT KAUR	157	14/08/09	PATIALA	35.23m @
3	TANU POONIA	125	03/01/08	JALANDHAR	35.05m @
4	HUSHAINDEEP KAUR	159	19/08/09	PATIALA	34.63m @
5	PALAK CHOCHAN	118	26/07/09	HOSHIARPUR	33.54m @
	HARJAS KAUR	134	16/12/08	LUDHIANA	DNS
	GURLEEN KAUR	101	17/09/09	AMRITSAR	DNS
	NAVNEET KAUR	158	29/02/08	PATIALA	DNS

Event # 21 GIRLS Javelin Throw YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 35.00

RESULTS OF FINALS

1	JASPREET KAUR	160	11/06/08	PATIALA	15.29m
2	LAKSHPREET KAUR	137	08/30/10	LUDHIANA	11.52m

Event # 22 GIRLS 3kmm Race Walk YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 20:00.00

RESULTS OF FINALS

1	SUMANPREET KAUR	191	06/14/08	PATIALA	16:47.35 @
2	BANDNA BANDNA	127	17/03/09	JALANDHAR	17:56.65 @
3	SUKHWINDER KAUR	193	01/27/08	HOSHIARPUR	19:03.43 @
4	SUJATA SUJATA	126	01/11/08	JALANDHAR	19:26.32 @
	ANSHITA .	192	12/25/09	HOSHIARPUR	DNF
	MANINDER KAUR	136	20/07/09	LUDHIANA	DNF
	SUNENA SUNENA	138	12/12/08	LUDHIANA	DNF

Event # 23 BOYS IB Hep YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 4000

RESULTS OF FINALS

1	ASHMIT RANA	102	02/17/08	AMRITSAR	2740
2	HARMANPREET SING	167	11/07/09	RUPNAGAR	2628

Event # 24 BOYS 110m IBHP 110 Hurdle YOUTH

FINALS

RESULTS OF FINALS

1	ASHMIT RANA	102	02/17/08	AMRITSAR	475.00 pt	18.52
2	HARMANPREET SING	167	11/07/09	RUPNAGAR	372.00 pt	19.71

Event # 25 BOYS IBHP HJ YOUTH

FINALS

RESULTS OF FINALS

1	HARMANPREET SING	167	11/07/09	RUPNAGAR	317.00 pt	1.40m
1	ASHMIT RANA	102	02/17/08	AMRITSAR	317.00 pt	1.40m

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Event # 26 BOYS IBHP SP YOUTH

FINALS

RESULTS OF FINALS

1	HARMANPREET SING	167	11/07/09	RUPNAGAR	472.00 pt	9.77m
2	ASHMIT RANA	102	02/17/08	AMRITSAR	363.00 pt	7.95m

Event # 27 BOYS 200m IBHP 200 Dash YOUTH

FINALS

RESULTS OF FINALS

1	ASHMIT RANA	102	02/17/08	AMRITSAR	473.00 pt	25.87
2	HARMANPREET SING	167	11/07/09	RUPNAGAR	330.00 pt	27.66

Event # 28 BOYS IBHP LJ YOUTH

FINALS

RESULTS OF FINALS

1	ASHMIT RANA	102	02/17/08	AMRITSAR	352.00 pt	4.84m
2	HARMANPREET SING	167	11/07/09	RUPNAGAR	346.00 pt	4.81m

Event # 29 BOYS IBHP JT YOUTH

FINALS

RESULTS OF FINALS

1	HARMANPREET SING	167	11/07/09	RUPNAGAR	225.00 pt	24.64m
2	ASHMIT RANA	102	02/17/08	AMRITSAR	163.00 pt	20.11m

Event # 30 BOYS 1000m IBHP 1000 Run YOUTH

FINALS

RESULTS OF FINALS

1	ASHMIT RANA	102	02/17/08	AMRITSAR	597.00 pt	3:07.04
2	HARMANPREET SING	167	11/07/09	RUPNAGAR	566.00 pt	3:10.41

Event # 31 GIRLS IG Hep YOUTH

FINALS

@ AFI STANDRED FOR QFY:AFI 3000

RESULTS OF FINALS

1	CHANDNI TIWARI	131	01/19/09	KAPURTHALA		3139
2	HARPREET KAUR	198	01/11/09	TARNTARAN		3106
3	DILJEET KAUR	164	03/25/09	RUPNAGAR		2744
4	TAMANPREET KAUR	199	05/15/09	TARNTARAN		2052

Event # 32 GIRLS 100m IGHP 100 Hurdle YOUTH

FINALS

RESULTS OF FINALS

1	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	501.00 pt	17.88
2	HARPREET KAUR	198	01/11/09	TARNTARAN	411.00 pt	18.78
3	TAMANPREET KAUR	199	05/15/09	TARNTARAN	339.00 pt	19.57
4	DILJEET KAUR	164	03/25/09	RUPNAGAR	316.00 pt	19.84

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Event # 33 GIRLS IGHP HJ YOUTH

FINALS

RESULTS OF FINALS

1	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	409.00 pt.	1.30m
2	DILJEET KAUR	164	03/25/09	RUPNAGAR	359.00 pt.	1.25m
3	HARPREET KAUR	198	01/11/09	TARNTARAN	312.00 pt.	1.20m
4	TAMANPREET KAUR	199	05/15/09	TARNTARAN	141.00 pt.	1.00m

Event # 34 GIRLS IGHP SP YOUTH

FINALS

RESULTS OF FINALS

1	DILJEET KAUR	164	03/25/09	RUPNAGAR	449.00 pt.	8.77m
2	TAMANPREET KAUR	199	05/15/09	TARNTARAN	383.00 pt.	7.75m
3	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	325.00 pt.	6.85m
4	HARPREET KAUR	198	01/11/09	TARNTARAN	305.00 pt.	6.53m

Event # 35 GIRLS 200m IGHP 200 Dash YOUTH

FINALS

RESULTS OF FINALS

1	HARPREET KAUR	198	01/11/09	TARNTARAN	555.00 pt.	28.99
2	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	500.00 pt.	29.75
3	DILJEET KAUR	164	03/25/09	RUPNAGAR	444.00 pt.	30.56
4	TAMANPREET KAUR	199	05/15/09	TARNTARAN	283.00 pt.	33.19

Event # 36 GIRLS IGHP LJ YOUTH

FINALS

RESULTS OF FINALS

1	HARPREET KAUR	198	01/11/09	TARNTARAN	472.00 pt.	4.67m
2	TAMANPREET KAUR	199	05/15/09	TARNTARAN	396.00 pt.	4.37m
3	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	379.00 pt.	4.30m
4	DILJEET KAUR	164	03/25/09	RUPNAGAR	285.00 pt.	3.90m

Event # 37 GIRLS IGHP JT YOUTH

FINALS

RESULTS OF FINALS

1	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	256.00 pt.	18.20m
2	DILJEET KAUR	164	03/25/09	RUPNAGAR	255.00 pt.	18.19m
3	HARPREET KAUR	198	01/11/09	TARNTARAN	215.00 pt.	16.02m
4	TAMANPREET KAUR	199	05/15/09	TARNTARAN	177.00 pt.	13.91m

Event # 38 GIRLS 1000m IGHP 1000 Run YOUTH

FINALS

RESULTS OF FINALS

1	HARPREET KAUR	198	01/11/09	TARNTARAN	836.00 pt.	3:25.36
2	CHANDNI TIWARI	131	01/19/09	KAPURTHALA	769.00 pt.	3:32.31
3	DILJEET KAUR	164	03/25/09	RUPNAGAR	636.00 pt.	3:47.04
4	TAMANPREET KAUR	199	05/15/09	TARNTARAN	333.00 pt.	4:27.40